



SPA JOURNEYS

FULL DAY PROGRAMS

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| REVITALIZE BY ESPA (3H10)..... | 380€ |
| DETOXIFY BY SODASHI (3H)..... | 440€ |
| PRINCESS FOR A DAY (4H)..... | 425€ |

HALF DAY PROGRAMS

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| RITZ SPA EXCLUSIVE (1H50)..... | 250€ |
| ESSENTIAL MEN'S PACKAGE (1H40)..... | 260€ |

TREATMENTS

SIGNATURE TREATMENTS

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| SEVEN HILLS OF LISBON (80 MIN)..... | 215€ |
| FOUR HANDS SYMPHONY MASSAGE (80 MIN)..... | 350€ |
| LOCAL TOUCHES (50/ 80 MIN)..... | 155€ / 200€ |
| SEASONAL PROMOTIONS (50/ 80 MIN)..... | 180€ / 215€ |

FACIAL TREATMENTS

BY SWISS PERFECTION

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| CELLULAR ANTIOXIDANT TREATMENT (60 MIN)..... | 550€ |
| CELLULAR REJUVENATING MOISTURIZING TREATMENT (60 MIN)..... | 650€ |
| CELLULAR EXCLUSIVE LIFT CONCEPT (60 MIN)..... | 795€ |

BY SODASHI

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| PERSONALISED FACIAL TREATMENT (50 / 80 MIN)..... | 175€ / 215€ |
| SKIN KARMA MEN'S FACIAL (50 / 80 MIN)..... | 175€ / 215€ |
| THERMAL INFUSING FACIAL_ ANTI-AGEING (80 MIN)..... | 215€ |

BY ESPA

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| DELUXE FACIAL TREATMENT (50 / 80 MIN)..... | 175€ / 215€ |
| HOLISTIC FACIAL TREATMENT (80 MIN)..... | 215€ |

BODY TREATMENTS

BY SODASHI

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| BODY SCRUB MASSAGE (50 MIN)..... | 155€ |
| DETOXIFYING MARINE BODY WRAP (80 MIN)..... | 215€ |

BY ESPA

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| HOLISTIC TOTAL BODY CARE (80 MIN)..... | 235€ |
| PRE-NATAL TREATMENT (80 MIN)..... | 215€ |

MASSAGES

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| REVIVING MASSAGE (50 / 80 MIN)..... | 155€ / 200€ |
| HOT STONES MASSAGE (80 MIN)..... | 220€ |

BY SODASHI

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| AROMATHERAPY BODY MASSAGE (50 / 80 MIN)..... | 165€ / 210€ |
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SPECIALTY THERAPIES - UPON REQUEST

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| REFLEXOLOGY (60 MIN)..... | 170€ |
| LYMPHATIC DRAINAGE (60 / 90 MIN)..... | 170€ / 230€ |
| ACUPUNCTURE | |
| 1 ST SESSION (120 MIN)..... | 195€ |
| 2 ND SESSION (90 MIN)..... | 155€ |

FINAL ACT...

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| SPA MANICURE (60 MIN)..... | 155€ |
| SPA PEDICURE (75 MIN)..... | 175€ |
| WAXING SERVICES (PLEASE CONTACT THE SPA) | |

FITNESS & WORKOUT

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| PERSONAL TRAINING SESSION | |
| GYM / PILATES / YOGA (60 MIN)..... | 99€ |